



MSU Extension Online Resources for Our Northern Michigan Community

MSU Extension Remote Learning & Resources Website - [Click Here!](#)

ONLINE PROGRAMMING:

[MI Beekeeping Q&A](#)

[Emergency Preparedness & Food Safety](#)

[Prepare Now for Farm Taxes](#)

[MI Water School](#)

[Preserving Your Harvest](#)

10/8: Soups for Winter

[Michigan Cottage Food Law](#)

[Parenting Webinar Series](#)

[Smart Gardening - Butterflies](#)

[BEES for Professionals](#)

[Mindful Eating](#)

For Youth

MI Food & Ag Virtual University
(see page 2 for details)

[Investigating Food with Science](#)

[Adulting 101](#)

[The Ultimate Grilled Cheese](#)

[Coding Weekend Workshop](#)
Scholarships may be available;
contact the 4-H office in [your county](#)

Financial & Home Ownership Education

See page 3 & 4

Health, Wellness & Relationships

How to [Strengthen Your Lungs](#) to Fight COVID-19

[Commuting by bike](#) can transform your body and your well-being

[Coping strategies](#) help deal with everyday stress and crisis situations

Outdoor recreation can [increase happiness](#), so find a [Michigan trail](#) and get outside!

Food & Nutrition

[Preserving fresh tomatoes](#) at home with simple research-based recipes

Is it really time for your child to eat? [Bringing mindfulness to eating](#)

Try It Tonight: [Cheesy Baked Veggie Dunkers](#)

[Beets](#): coming to a farmer's market near you!

[Fudgy Cupcakes... with Beets!](#)

[Balsamic Glazed Beets](#)

[Apples](#) are in season too, but what else? Check out [What's in Season](#)

Youth Wellness & Learning

Is Your Kid [Over Caffeinated?](#)

MSU Tollgate's [virtual STEAM series](#): hands-on activities, interaction, and virtual visits to the arboretum, barns, orchards, forest, and more!

[Secret Life of Trees](#) - Grades K-2

[Follow the Nutrient Trail](#) - Grades 3 & up

Community Resources

[Guidance for farmers](#): pandemic preparedness plans, the CHAMP tool

[Online farm stress training](#) is free and open to the public

Connect online for more programs and resources

MSU Extension [Online Events Schedule](#)

Grand Traverse County MSU Extension [Website](#) & [FaceBook Page](#)

More Facebook pages to check out:

[MI Health Matters](#)

[Think Food Safety](#)

[MI Stronger Family](#)

[MSUE Veterans Outreach](#)

Updated 9-24-2020

MICHIGAN FOOD AND AGRICULTURE VIRTUAL UNIVERSITY IN PARTNERSHIP WITH CAPITAL AREA MICHIGAN WORKS! & T3 COUNCIL

Teachers! Nominate your students in the 9-12 grades to explore the Department of Agriculture and Rural Development's impact on the State of Michigan.

Choose one session to
participate virtually
from 3:45 - 5:45 p.m.

Session 1: Oct. 6-8
Session 2: Oct. 20-22
Graduation: Oct. 29

DEMONSTRATION

Virtual site visits for
expertise
demonstrations

PRESENTATION

Presentations
connecting job
roles to the impact
on the State of
Michigan

HOW TO APPLY

Register at the link
below.

[Register here!](#)

Contact Ashley Batteen, MDARD's Recruitment and Professional Development Specialist, at batteena@michigan.gov for questions.

Capital Area Michigan Works! is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Michigan Relay Center call 7-1-1 or (844) 578-6563.



October

2020 Webinar Schedule



Access our
presentations from
any computer with
internet!

Brought to you by the
**Financial and Homeownership
Education Team**
through Zoom, a video meeting room.

Make a Spending Plan Work for You	October 2	3-4 p.m. ET	Jennifer Ortquist ortquisj@msu.edu
Top 10 Credit Tips	October 7	12-1 p.m. ET	Teagen Lefere leferete@msu.edu
Student Loan Repayment Options	October 7	3-4:30 p.m. ET	Beth Martinez mart1751@msu.edu
Foreclosure Basics	October 13	3-4 p.m. ET	Teagen Lefere leferete@msu.edu
How Much Home Can You Afford?	October 22	1-2 p.m. ET	Nancy Latham lathamn@msu.edu
The Informed Renter	October 22	3-5 p.m. ET	Beth Martinez mart1751@msu.edu
Retirement Myths and Facts	October 27	12-1 p.m. ET	Beth Waitrovich waitrovi@msu.edu
Protecting Your Identity	October 29	1-2 p.m. ET	Beth Martinez mart1751@msu.edu

Webinar Pre-Registration is required.

Go to mimoneyhealth.org

Under Events, find the complete Events calendar!

Prefer a self-paced online class? Go to www.ehomeamerica.org/msue and choose the Homebuyer Education Course or the Money Management Course. Both are available in English or Spanish. Both provide a certificate of completion when finished.



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Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact two weeks prior to the start of the event. Requests received after this date will be honored whenever possible.

MSU Extension programs and materials are open to all without regard to race, color, national origin, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status, or veteran status.

October - December

2020 Homebuyer Webinar Schedule

This homeownership seminar from MSU Extension will provide you with valuable information about the home buying process, and will teach you:

- The advantages of homeownership
- The steps in the home buying process
- The costs of homeownership
- The importance of good credit
- How to determine how much house you can afford
- Mortgage loan basics
- How to maintain your investment
- Certificate of completion good for one year

Completing the course and returning required paperwork fulfills the requirements for certificate of completion. This certificate can be shared with your mortgage loan officer to satisfy the homebuyer education requirement for MSHDA loans and down payment assistance, USDA Rural Development loans and many other lenders.

October 5 & 7	6 p.m. to 8 p.m. ET	Nancy Latham lathamn@msu.edu
October 15	4 p.m. to 8 p.m. ET	Beth Martinez mart1751@msu.edu
October 19 & 21	6 p.m. to 8 p.m. ET	Beth Waitrovich waitrovi@msu.edu
October 28	9 a.m. to 1 p.m. ET	Teagen Lefere leferete@msu.edu
November 5	9 a.m. to 1 p.m. ET	Brenda Long longbr@msu.edu
November 10 & 12	5:30pm to 7:30pm ET	Beth Martinez mart1751@msu.edu
November 17 & 19	5:30pm to 7:30pm ET	Nancy Latham lathamn@msu.edu
November 23	9 a.m. to 1 p.m. ET	Teagen Lefere leferete@msu.edu
December 3	4 p.m. to 8 p.m. ET	Beth Martinez mart1751@msu.edu
December 10	9 a.m. to 1 p.m. ET	Brenda Long longbr@msu.edu
December 15 & 17	5:30pm to 7:30pm ET	Beth Martinez mart1751@msu.edu

Webinar Pre-Registration is required.

Click the link or go to mimoneyhealth.org

Under Events, find the complete Events calendar!

Cost: \$25 (To request a scholarship based on financial need, contact the instructor below to see if you meet the income criteria.)

Prefer a self-paced online class? Go to www.ehomeamerica.org/msue and choose the Homebuyer Education Course. It is available in English or Spanish and has a fee (this fee is not waived). Coupon code is MSUE10. It provides a certificate of completion when finished.

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